

# Manual Handling Assessor Training



## DESIGNED FOR

Designed for anyone who is required to carry out manual handling assessments in the workplace.

## COURSE OBJECTIVES

At the end of this course delegates will be able to:

- ✓ assess whether a manual handling operation is necessary;
- ✓ Undertake a legally compliant manual handling assessment;
- ✓ demonstrate an awareness of the principles of human kinetics;
- ✓ demonstrate an awareness of safe lifting techniques.

## COURSE CONTENT

- ✓ What is Manual Handling?
- ✓ Current Legislation relating to Manual Handling
- ✓ The role of the risk assessor
- ✓ Undertaking, recording and reviewing risk assessments
- ✓ The dangers of careless and unskilled handling methods
- ✓ The use of mechanical handling aids
- ✓ Safe handling techniques
- ✓ Task, individual, load, environment.

## COURSE DURATION

1 day

## COURSE DATES & VENUES

Please contact for course dates and details

## FEES

£165 + VAT (£193.88) per person incl. light refreshments, course material

Our in-house training courses start at £50 + VAT (£58.75) per person with a minimum of 6 and a maximum of 20 people per course.

Please call, fax or email for a quotation.



## Safetymark Training Services

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